

Bewegung und Gegenbewegung

1 Finger

Ralph Stahl

T	0	1	0	1	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0
A	0	1	0	1	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0
B																				
3																				
T	0	2	0	2	2	0	2	0	2	0	2	0	2	0	2	0	2	0	2	0
A	0	2	0	2	2	0	2	0	2	0	2	0	2	0	2	0	2	0	2	0
B																				
5																				
T	0	3	0	3	3	0	3	0	3	0	3	0	3	0	3	0	3	0	3	0
A	0	3	0	3	3	0	3	0	3	0	3	0	3	0	3	0	3	0	3	0
B																				
7																				
T	0	4	0	4	4	0	4	0	4	0	4	0	4	0	4	0	4	0	4	0
A	0	4	0	4	4	0	4	0	4	0	4	0	4	0	4	0	4	0	4	0
B																				

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9																				
T	0	1	0	1	1	0	1	0	0	2	0	2	2	0	2	0	2	0	2	0
A	0	2	0	2	2	0	2	0	0	1	0	1	1	0	1	0	1	0	1	0
B																				
13																				
T	0	1	0	1	1	0	1	0	0	3	0	3	3	0	3	0	3	0	3	0
A	0	3	0	3	3	0	3	0	0	1	0	1	1	0	1	0	1	0	1	0
B																				
17																				
T	0	1	0	1	1	0	1	0	0	4	0	4	4	0	4	0	4	0	4	0
A	0	4	0	4	4	0	4	0	0	1	0	1	1	0	1	0	1	0	1	0
B																				
21																				
T	0	2	0	2	2	0	2	0	0	3	0	3	3	0	3	0	3	0	3	0
A	0	3	0	3	3	0	3	0	0	2	0	2	2	0	2	0	2	0	2	0
B																				
25																				
T	0	2	0	2	2	0	2	0	0	4	0	4	4	0	4	0	4	0	4	0
A	0	4	0	4	4	0	4	0	0	2	0	2	2	0	2	0	2	0	2	0
B																				
29																				
T	0	3	0	3	3	0	3	0	0	4	0	4	4	0	4	0	4	0	4	0
A	0	4	0	4	4	0	4	0	0	3	0	3	3	0	3	0	3	0	3	0
B																				

3 Finger

33

T	0	1	0	1	1	0	1	0	0	2	0	2	2	0	2	0
A	0	2	0	2	2	0	2	0	0	1	0	1	1	0	1	0
B	0	3	0	3	3	0	3	0	0	3	0	3	3	0	3	0

37

T	0	1	0	1	1	0	1	0	0	2	0	2	2	0	2	0
A	0	3	0	3	3	0	3	0	0	3	0	3	3	0	3	0
B	0	2	0	2	2	0	2	0	0	1	0	1	1	0	1	0

41

T	0	3	0	3	3	0	3	0	0	3	0	3	3	0	3	0
A	0	1	0	1	1	0	1	0	0	2	0	2	2	0	2	0
B	0	2	0	2	2	0	2	0	0	1	0	1	1	0	1	0

45

T	0	1	0	1	1	0	1	0	0	2	0	2	2	0	2	0
A	0	2	0	2	2	0	2	0	0	1	0	1	1	0	1	0
B	0	4	0	4	4	0	4	0	0	4	0	4	4	0	4	0

49

T	0	1	0	1	1	0	1	0	0	2	0	2	2	0	2	0
A	0	4	0	4	4	0	4	0	0	4	0	4	4	0	4	0
B	0	2	0	2	2	0	2	0	0	1	0	1	1	0	1	0

53

T	0	4	0	4	4	0	4	0	0	4	0	4	4	0	4	0
A	0	1	0	1	1	0	1	0	0	2	0	2	2	0	2	0
B	0	2	0	2	2	0	2	0	0	1	0	1	1	0	1	0

57

T	0	1	0	1	1	0	1	0	0	3	0	3	3	0	3	0
A	0	3	0	3	3	0	3	0	0	1	0	1	1	0	1	0
B	0	4	0	4	4	0	4	0	0	4	0	4	4	0	4	0

61

T	0	1	0	1	1	0	1	0	0	3	0	3	3	0	3	0
A	0	4	0	4	4	0	4	0	0	4	0	4	4	0	4	0
B	0	3	0	3	3	0	3	0	0	1	0	1	1	0	1	0

65

T	0	4	0	4	4	0	4	0	0	4	0	4	4	0	4	0
A	0	1	0	1	1	0	1	0	0	3	0	3	3	0	3	0
B	0	3	0	3	3	0	3	0	0	1	0	1	1	0	1	0

69

T	0	2	0	2	2	0	2	0	0	3	0	3	3	0	3	0
A	0	3	0	3	3	0	3	0	0	2	0	2	2	0	2	0
B	0	4	0	4	4	0	4	0	0	4	0	4	4	0	4	0

73

T	0	2	0	2	2	0	2	0	0	3	0	3	3	0	3	0
A	0	4	0	4	4	0	4	0	0	4	0	4	4	0	4	0
B	0	3	0	3	3	0	3	0	0	2	0	2	2	0	2	0

77

T	0	4	0	4	4	0	4	0	0	4	0	4	4	0	4	0
A	0	2	0	2	2	0	2	0	0	3	0	3	3	0	3	0
B	0	3	0	3	3	0	3	0	0	2	0	2	2	0	2	0

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81

T	0	4	0	4	4	0	0	0	0	4	0	4	4	0	4	0
A	0	1	0	1	1	0	1	0	0	2	0	2	2	0	2	0
B	0	2	0	2	2	0	2	0	0	1	0	1	1	0	1	0
	0	3	0	3	3	0	3	0	0	3	0	3	3	0	3	0

85

T	0	4	0	4	4	0	4	0	0	4	0	4	4	0	4	0
A	0	1	0	1	1	0	1	0	0	2	0	2	2	0	2	0
B	0	3	0	3	3	0	3	0	0	3	0	3	3	0	3	0
	0	2	0	2	2	0	2	0	0	1	0	1	1	0	1	0

89

T	0	4	0	4	4	0	4	0	0	4	0	4	4	0	4	0
A	0	3	0	3	3	0	3	0	0	3	0	3	3	0	3	0
B	0	1	0	1	1	0	1	0	0	2	0	2	2	0	2	0
	0	2	0	2	2	0	2	0	0	1	0	1	1	0	1	0

93

T	0	3	0	3	3	0	3	0	0	3	0	3	3	0	3	0
A	0	1	0	1	1	0	1	0	0	2	0	2	2	0	2	0
B	0	2	0	2	2	0	2	0	0	1	0	1	1	0	1	0
	0	4	0	4	4	0	4	0	0	4	0	4	4	0	4	0

97

T	0	3	0	3	3	0	3	0	0	3	0	3	3	0	3	0
A	0	1	0	1	1	0	1	0	0	2	0	2	2	0	2	0
B	0	4	0	4	4	0	4	0	0	4	0	4	4	0	4	0
	0	2	0	2	2	0	2	0	0	1	0	1	1	0	1	0

101

T	0	3	0	3	3	0	3	0	0	3	0	3	3	0	3	0
A	0	4	0	4	4	0	4	0	0	4	0	4	4	0	4	0
B	0	1	0	1	1	0	1	0	0	2	0	2	2	0	2	0
	0	2	0	2	2	0	2	0	0	1	0	1	1	0	1	0

105

T	0	2	0	2	2	0	2	0	0	2	0	2	2	0	2	0
A	0	1	0	1	1	0	1	0	0	3	0	3	3	0	3	0
B	0	3	0	3	3	0	3	0	0	1	0	1	1	0	1	0
	0	4	0	4	4	0	4	0	0	4	0	4	4	0	4	0

109

T	0	2	0	2	2	0	2	0	0	2	0	2	2	0	2	0
A	0	1	0	1	1	0	1	0	0	3	0	3	3	0	3	0
B	0	4	0	4	4	0	4	0	0	4	0	4	4	0	4	0
	0	3	0	3	3	0	3	0	0	1	0	1	1	0	1	0

113

T	0	2	0	2	2	0	2	0	0	2	0	2	2	0	2	0
A	0	4	0	4	4	0	4	0	0	4	0	4	4	0	4	0
B	0	1	0	1	1	0	1	0	0	3	0	3	3	0	3	0
	0	3	0	3	3	0	3	0	0	1	0	1	1	0	1	0

117

T	0	1	0	1	1	0	1	0	0	1	0	1	1	0	1	0
A	0	2	0	2	2	0	2	0	0	3	0	3	3	0	3	0
B	0	3	0	3	3	0	3	0	0	2	0	2	2	0	2	0
	0	4	0	4	4	0	4	0	0	4	0	4	4	0	4	0

4

121

	0	1	0	1	1	0	1	0	0	1	0	1	1	0	1	0
T	0	2	0	2	2	0	2	0	0	3	0	3	3	0	3	0
A	0	4	0	4	4	0	4	0	0	4	0	4	4	0	4	0
B	0	3	0	3	3	0	3	0	0	2	0	2	2	0	2	0

125

	0	1	0	1	1	0	1	0	0	1	0	1	1	0	1	0
T	0	4	0	4	4	0	4	0	0	4	0	4	4	0	4	0
A	0	2	0	2	2	0	2	0	0	3	0	3	3	0	3	0
B	0	3	0	3	3	0	3	0	0	2	0	2	2	0	2	0

Finger abwechselnd

129

T																
A	1	2	1	2	2	1	2	1	1	3	1	3	3	1	3	1
B																

133

T																
A	1	4	1	4	4	1	4	1	2	3	2	3	3	2	3	2
B																

137

T																
A	2	4	2	4	4	2	4	2	2	4	3	4	4	3	4	3
B																

141

T																
A																
B																